



# SAFE LIFE UGANDA (SLU)

## "LIGHT AT THE CORNER"



### OUCHA IN HOT BRIEFS

- 1968** Born to a Police Officer, Patrick Donald Ngarombo (RIP) and Lucy Opira in Nebbi District, Uganda
- 1979** Abok Village Primary School
- 1984** Kololo High School, Kampala
- 1986** Kitante Hill School, Kampala
- 1988** The American College in London (ACL - UK)
- 1992** Skillsline International-London (UK)
- 1994** Launching of the Anti- AIDS poetic campaigns in Uganda. Country wide journey starts, covering over 2500 schools with original composition and collection of 11 Anti- AIDS poems under the theme 'Heart of the Nile Dove' designed specifically to educate the youth on the dangers of HIV/AIDS.
- 1999** Served a local daily news paper and a regional radio station.
- 2000** Courageously witnessed and covered the bloody civil war between the Hema and Lendu tribes of Ituri province in the Democratic Republic of Congo under the protection of the Uganda Peoples Defence Forces (UPDF).
- 2003** Tested the Anti- HIV/AIDS Anthem in Uganda
- 2004** Founder and the Executive Director, Safe Life Uganda formerly based at the Ministry of Gender, Labour and Social Development. He chanced meeting the President of the Republic of Uganda, H.E. Yoweri Kaguta Museveni in the same year.
- 2005** Gazetted the Anti- HIV/AIDS Anthem in the Uganda Gazette of 18<sup>th</sup> March.
- 2007** Founder and Managing Director, Seven Eleven Property Company Limited based at Upper Naguru, Kampala.
- 2010** Instructs and starts publishing the Anti- AIDS Anthem for global circulation and consumption
- Donald also registered a wealth of experience serving as a Junior Manager at Essex Property Company, London (UK), an opportunity that enabled him to interact with international companies world-wide, among others.

**OUCHA, A LIFE WELL SPENT!!!**

**PLEASE MEET  
THE ANTI HIV/AIDS ANTHEM  
COMPOSER WHOSE PERFORMANCE  
AND OUTPUT IS PROPELLED  
BY TRUE LOVE FOR HUMANITY**

**By Edmund MacGriffeth**

He has been around the block campaigning against HIV/Aids for over a decade.

He has been to over 2,500 schools around the Country and been acclaimed by district, health and education authorities. His name has become a household name in Uganda. He is a man people living with HIV/AIDS find pleasure meeting because he inspires them into great hope.

But who is this enigmatic poet and composer whose four-stanza Anti-Aids Anthem got gazetted on March 18<sup>th</sup>, 2005?

After two years trying to get an interview with him, Patrick Donald Oucha finally agreed but on condition that the interview would be published only in Safe Life Uganda newsletter.

And this was a privilege indeed because Oucha has turned down tens of requests for interview by the local press and broadcast media.

Oucha was orphaned at the tender age of two, reason why he vows he will live to uplift orphans and other disadvantaged children in the Country.

Oucha is a highly disciplined man, the reason he has managed all odds to succeed. He says, although many women express admiration for him, he hardly responds.

On the composition of the gazetted Anthem, Oucha says;

"It took me 70 days of silence and meditation in the idyllic Baha'i Temple gardens in Uganda and heavy prayers every morning to be able to perfect the Anthem, adding that;

"The world is a very noisy place; there is also noise inside the body. The only way you can achieve something tangible is by silencing both the outer and the inner noise".

He says, he has neither love for politics nor hatred for politicians; and admires President Yoweri Kaguta Museveni without hiding it.

But as most people of genius, Oucha is a man of many talents and faces; a sort of jerk of all trades.

He has entrusted Seven \_Eleven Property Company Limited with the distribution of the copyrighted Anthem. The Company distributes it through the newsletter *Safe Life Uganda*. The newsletter simply sells advertising space and with two issues so far, Organisations and Companies are rushing to buy space. Over 8,000 copies have been distributed in Kampala alone. The target is to reach every Ugandan home before embarking on exportation of the Anthem.



*Oucha in a poetic mood*

### SLICE OF LIFE

- Lost Dad at age 2
- Brought up by the grandmother, Veronica Nyacheng (RIP) who died in 1985
- Rose from a tiny Ugandan village (Panyimur) to World Cities
- Managed childhood poverty and opportunities
- Blessed with 2 biological children, girl and boy
- Suffered an Anti AIDS Campaign fatigue

### WHO IS NEXT ?

Please learn more about the activities of Right to Play, an NGO operating in Uganda

**Anthem Gazetted in:  
THE UGANDA GAZETTE**

Ref: XCVIII, No. 15  
of March 18, 2005



## "AN EQUAL OPPORTUNITY INTERACTION"

**CONTACT:** Queries, Complaints, Suggestions, Instruction, Views, Interviews and to appear in this publication please contact **SEVEN-ELEVEN Property Company Limited**. At plot 15, East Naguru Road, Upper Naguru, Kampala-Uganda (East Africa)

Tel: +256 0312 111 709, +256 312 111 499, +256 782 022 460, +256 754 022 460

# "ACTION FROM THE NGO WORLD"

## WE ANSWER YOU

Due to stiff public demand and broad outcry for more information on HIV/AIDS packaged through our medium, we have found it necessary to create two more pages designed to accommodate and provide more visibility to a cross section of stakeholders indirectly or directly involved in the fight against HIV/AIDS and other good health promotions within

lengthy and boring no matter how vital the message could be.

Our planned page layout shall not in any way affect the original and gazetted work (the setup of the Anti HIV/AIDS Anthem). The gazetted piece of work shall therefore stay as a cover page running with two separate - paid for commercial or good health promotional adverts.

The page layout shall be structured as herein;

PAGE 1:"LIGHT AT THE CORNER"

PAGE 2:"ACTION FROM THE NGO WORLD"

PAGE 3:"A PUSH FROM THE BUSINESS CORNER"

PAGE 4:The gazetted Anthem running as it is without Alterations

This design will enable the audience to internalise the content of the Anti HIV/AIDS Anthem which tackles nearly all that surrounds struggle against the scourge globally. The music to the said Anthem shall hit air waves and functions at appropriate time.

Thank You

**Anna Kanyago**

EDITOR LEGAL AFFAIRS  
SEVEN-ELEVEN PROPERTY  
COMPANY LIMITED



*Children of Ibanda Town School Western Uganda, in this file photo, install an Anti AIDS "WHY DIE YOUNG" signage in the school compound to alert visitors and pupils on the dangers of HIV/AIDS Health linkages between schools and Non Governmental Organisations providing HIV/AIDS services is praise worthy. (File photo).*

Uganda and the neighbouring countries.

The timeline experience has taught that packaging HIV/AIDS information with daily life activities such as business, sports and general health activities boosts the speed at which the message is consumed and shared at various levels. As is within your knowledge, information about HIV/AIDS has been around for decades and if not well packaged, the recipient will lose the urge of allocating his or her valuable time to the same.

In the premises, we encourage HIV/AIDS messages not to be very



***In safe hands!!!***

*Pupils of Nebbi Primary School in Nebbi town council display copies of the Anti-HIV/AIDS Anthem donated to the school by MASHARIKI HIGH SCHOOL recently. The school received 510 copies causing shortage. With the pupils, centered, is the deputy headmistress Ms AKANDRU GLORIA.*

## "AN EQUAL OPPORTUNITY INTERACTION"

# "A PUSH FROM THE BUSINESS CORNER"

## FEED BACK



Dear Seven-Eleven,

I am Owima Yaphet, a holder of a certificate in HIV/AIDS Home Based care issued to me by the **Uganda Red Cross Society**

I have the pleasure to acknowledge receipt of the National Anti-AIDS Anthem. I thank the composer and humbly request that the same opportunity should be given to the people in the rural areas especially schools so that achievements registered in the fight against HIV/AIDS are sustained.

This Anthem is highly educative, captivating and am sure if the message here is passed to the rural areas, it will yield better results to the young ones and also the elderly. Thank you very much.

Mr. Owino Yaphet, Security Officer  
Blue Hackle, East Africa  
P.O. Box 1444 Kampala, Uganda  
Tel: 0773 999535



I have failed to come to terms with this wonderful work I am seeing. We were led to believe that our **Anti-AIDS poetic Campaigner** was no more, i.e. He died long time ago. Now I am disturbed especially after seeing this wonderful work he has exhibited to the nation and the world. May God bless your hands and mind. I have nothing to offer you but prayers, you are a torch to the young ones.  
**JACKSON ADRONZI, Arua Municipality**



Dear Seven-Eleven,

I write to appreciate this wonderful publication with a cross cutting message to the Ugandan audience. I am only wondering how more copies can be supplied to us. To be honest with you, the few copies we received here in Kisaasi, Kampala caused us conflict fight and scramble.  
God bless you for this work.  
**Herbert - 0783 452 925**

### AUTHOR'S DECLARATION:

**All proceeds derived from this publication are allocated as herein:**

\* **10% Company Management Fees**

\* **30% Remittance to the Author's preferred Account**

\* **22% Remittance to the disadvantaged children of Uganda regardless of their HIV Status/Origin. Funds must be channeled through reputable Organization/ Government Agents/Ministries,**

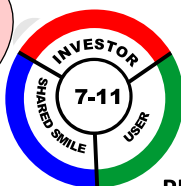
**18% Value added Tax (VAT), if applicable**

\* **10% National media promotions/ publications**

\* **10% Remittance to research fund preferably through a Faculty of Music, Dance and Drama within a recognized institution.**

## LANDLORD? TENANT? A COMMERCIAL OR RESIDENTIAL HOUSE THROUGH SEVEN-ELEVEN PROPERTY COMPANY LIMITED,

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We build you Hire"**

PLEASE CONTACT US AT UPPER NAGURU,  
KAMPALA

OR CALL 0754 022 460/ 0782 022 460

**Now you know, It's a Shared Smile!!!**



Officials of St. Lawrence Kigowa Primary School, Kampala pose for a photograph after the installation of a PIASCY signage which acts as a constant reminder of President Yoweri Kaguta Museveni's contribution in the war against HIV/AIDS. Such initiative and the Anti AIDS Anthem are widely cherished by teachers, pupils and students. (File photo)

**HOT QUESTIONS 10% down \$1,800**

- When and where was the Anti-AIDS Anthem first presented to the President of the Republic of Uganda H.E. Yoweri Kaguta Museveni at an estimated audience of about 30,000?
- Which National bands performed the said anthem for the President and the audience at the function?
- At a hand shake with the author what was the President's remark and what did the author present to the President?

**\*Answers must be written and delivered not later than 15th May 2010**

**"AN EQUAL OPPORTUNITY INTERACTION"**

**MORE COPIES  
PLEASE!!!**

First and foremost allow me to thank you for this innovative package of information on HIV/AIDS. My request is to know how we can regularly be supplied with copies. Better still, I would advice that may be you sell copies so that we get to know where to buy them easily and readily. Finally, I pray that God helps the composer of the HIV/AIDS Anthem Mr. OUCHA PATRICK to continue with the good work

**Joseph Ambrose Mukasa  
Kampala**

The Anti AIDS Anthem is sending live information about the danger of AIDS. I suggest that it should be translated into other local languages.

**JAGEN KIZITO**  
Teacher Anyola Primary  
School Nebbi, Uganda.

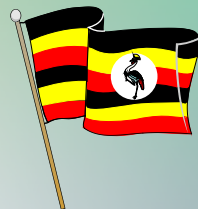
### RATES

	USD/ UGX Equiv.
Full page	- \$ 1,200
½Page	- \$ 600
¼Page	- \$ 300
11.6 cm x 4.0 cm	- \$ 200
7.5 cm x 4.0 cm	- \$ 150
6.5 cm x 5.3 cm	- \$ 125
5.0 cm x 5.0 cm	- \$ 100
4.0 cm x 4.0 cm	- \$ 75
3.0 cm x 5.0 cm	- \$ 50

- All adverts in full colour.
- Management reserves the right to adjust rates without prior notice.



# SAFE LIFE UGANDA (SLU)



ANTI-AIDS ANTHEM COMPOSED AND TESTED IN UGANDA



Mr. OUCHA PATRICK  
Ugandan Poet

**ONE MOMENT, SOMEDAY  
HIV/AIDS WILL SURRENDER  
CRAVE A.B.C, VCT, ARVs....  
GO TEST NOW**



**MASHARIKI HIGH SCHOOL  
MIXED BOARDING & DAY  
O & A Level**

P.O. Box 16519, Kampala  
Tel: 0779 840232/ 0772 509088

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High School students within  
EAST AFRICA*

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QUALITY MIND, QUALITY LIFE  
with us, you climb academic  
ladders.**

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LTD-ARUA**

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Mukwano products-  
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and South Sudan

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partners and communities  
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associates and  
supports this life  
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Tel: 0772 514 186  
0752 514 186

To our partners in business

*"Your good health is our  
business empowerment"*

**KEEP ON FIGHTING  
LET LIFE FLOW  
DON'T DIE YOUNG  
WHY DIE YOUNG**

**COME CLOSER GOD  
AIDS WILL VANISH  
HEAL THOSE INFECTED  
BLESS THOSE AFFECTED**

**WIDOWS, ORPHANS, WIDOWERS...  
AIDS WILL SURRENDER  
ONE MOMENT, SOMEDAY  
ALL WILL REJOICE**

**PLEASE  
DON'T  
MISSUSE!!!**

**ABBREVIATED:**

**A:** Abstinence

**B:** Be faithful or be careful

**C:** Change behavior or character  
transformation.....

**VCT:** Voluntary, Counseling and  
Testing Services

**ARV's:** Anti-AIDS Drugs or  
Anti-retroviral

**TESTED IN UGANDA 2003**

Composed by **Patrick Donald Oucha**

After he has successfully sensitized the YOUTH in over 2,500 Schools, Presented Anti-AIDS Programmes on 20 FM Radio Stations and a National Television between 1994 & 2004. The Anthem is designed to strengthen and sustain success stories registered against the HIV/AIDS scourge.

It has been approved by Directorate of Music as a Classic piece against the HIV/AIDS scourge.

**Gazetted in:  
THE UGANDA GAZETTE**

Ref: XCVIII, No. 15  
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**IT'S YOUR FAMILY WEAPON AGAINST AIDS!!!**

***"Please Pick me, Read me,  
Share me and Take me Home."***

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